

Transdisciplinary Skills

Research skills

Formulating questions: I know what I want to find out about. I know what I need to find out about. I ask questions that are relevant to what I want or need to know. I ask interesting questions. I ask open questions. I ask questions that can be researched.

Observing: I use all of my senses. I am aware of detail.

Planning: I think about what I am going to do. I can write an outline (plan) of what I am going to do. I can think of ways to get the information that I need.

Collecting data: I can get information from different sources. I can collect information by measuring, using maps, making and carrying out surveys, observing, using resource books, using the internet, using CD-ROMs, watching films, asking people and going to exhibitions.

Recording data: I can describe and record my observations. I can select appropriate ways to record information. I can record information by making drawings, taking notes, making charts, making tallies and writing statement.

Organizing data: I can sort information. I can put information into suitable groups. I can present information so that others can understand it. I can use written descriptions and explanations, tables, timelines, graphs and diagrams to organize data.

Interpreting data: I can identify patterns in my data. I can make conclusions based on data.

Presenting research findings: I can select an appropriate way to show what I have found out. I can communicate what I have learnt.

Thinking skills

Acquisition of knowledge: I can find out facts. I can learn about new ideas. I understand and use new vocabulary. I can remember what I have learnt.

Comprehension: I understand what I have learnt. I understand information I find from different sources. I can explain to others what I have learnt.

Application: I can use my skills and knowledge in different situations. I can use my skills and knowledge when I find myself in a new situation or to solve a problem. I can use my skills and knowledge in a practical way.

Analysis: I can break ideas and knowledge into smaller parts. I can look for patterns. I can find similarities and differences. I can identify unique features.

Synthesis: I can take information from different places and put it together. I can combine ideas and knowledge to answer questions.

Evaluation: I can use criteria to make decisions about work, behaviour, attitudes, knowledge or action.

Dialectical thought: I can think about different points of view at the same time. I can understand the different points of view. I can make arguments for the different points of view based on my knowledge about each point of view. I know that people can have their own point of view.

Metacognition: I can think about how I learn things. I can think about what I have learnt. I know the process I go through to learn something. I know that other people might learn in a different way to me. I think about this when I work with other people.

Communication Skills

Listening: I listen to directions and instructions. I listen to others. I listen to information.

Speaking: I speak clearly. I express my ideas so that they make sense to others. I share my ideas and opinions. I can present my work to small and large groups.

Reading: I read a range of sources for information. I read a range of texts because I enjoy reading. I understand what I have read. I reflect upon what I read. I make conclusions based on what I have read.

Writing: I record information. I record my observations. I can take notes. I can rewrite information in my own words. I keep a reflection journal.

Non-verbal communication: I know that my body language, facial expressions and actions can give others a lot of information. I understand other peoples' body language, facial expression and actions. I know that these things can mean different things in different countries.

Social Skills

Accepting responsibility: I complete a task that I have started. I do my part. I take on and share responsibility.

Respecting others: I am a caring listener. I make fair decisions. I know that other people may have different ideas, opinions and perspectives. I am careful not to hurt other peoples' feelings when I express my opinions.

Cooperating: I work well in groups. I am polite and kind to the other members of the group. I share with others and I take turns.

Resolving conflict: I listen to others. I talk about the problem and come to an agreement about the solution. I am fair. I act calmly and appropriately.

Group decision making: I listen to others. I discuss ideas. I ask questions. I work towards a group agreement.

Adopting a variety of group roles: Sometimes I lead a group. Sometime I follow the lead of somebody else. I know how to act when I lead and when I follow.

Self-management skills

Gross motor skills: I can do things that involve strength. I can complete tasks that involve using large muscles.

Fine motor skills: I can do things that take precision and care. I can complete delicate tasks.

Spatial awareness: I am aware that other people need their own space. I am aware of my own space. I am aware of my environment and objects that are in the environment.

Organization: I plan, carry out and complete activities. I keep my work in order. I keep my things tidy. I know where my things are.

Time management: I can complete my work on time. I hand in my work on time. I am always in the right place at the right time. I plan my time so that I know I can do everything that I need to do.

Safety: My behaviour choices keep me safe. My behaviour choices keep other people safe. I avoid putting others or myself in danger.

Healthy lifestyle: I eat a balanced diet. I make sure I have time to rest and relax. I exercise. I take care of myself and I have good personal hygiene.

Codes of behaviour: I know how to behave in different situations. I know the rules and I stick to them.

Informed choices: I can choose a suitable course of action. I base my choices on facts and opinions. I reflect before I make my choices.